



Join a team of health professionals dedicated to providing the best fitness, preventive medicine, and injury management services for individuals and corporate clients.

If you share our passion of improving the health and well-being of others and believe in providing the best experience for those you serve, we invite you to explore this career opportunity.

Fitness Specialist Sub

BaySport Corporate Health Division | San Francisco Bay Area, CA, United States

About Us

BaySport is a leading provider of preventive medicine, physical therapy, and corporate health services. With over 100 corporate clients, BaySport has developed many clinic and worksite based programs aimed at improving employee health and reducing employer health costs. From corporate wellness center management to cholesterol screening services to executive physical examinations to injury management services, the BaySport staff is able to help participants return to activity, identify health risks and make lifestyle adjustments to reach their health goals.

Team Member Role and Responsibilities

The Fitness Specialist provides assistance in operating the Corporate Wellness Center. The Fitness Specialist participates in the planning and implementation of programs at the local site.

Responsibilities include:

- Communicate with the Program Manager to fulfill assigned responsibilities under their guidance
- Create a positive, supportive, and healthy fitness environment for members
- Ensure the safe condition of facilities and equipment. Provide proper supervision and/or instruction on the Fitness Center equipment. Refer technical questions to Program Manager
- Ensure confidentiality of participant program records - medical history, fitness assessment, consultation data
- Coordinate specific programs under direction of the Program Manager, e.g. health education seminars, newsletter, worksite screening programs, etc.

To provide our clients with the best experience, we are asking for the following requirements:

- Bachelor degree in Exercise Science or related field or in process, preferred
- Current certification in CPR/AED
- Professional Certification (ACSM, NSCA or similar), or in process

BaySport Mission Statement

"To provide simply the best fitness, cardiovascular disease prevention and injury management services to individuals and corporate clients."

Through a long-term commitment to our mission, our employees, clients, and vendors will know us as a company that stands by all promises, surpasses all competitors in the desire to serve, improves the quality of life of program participants, and possesses financial stability.